UPCOMING COMMUNITY EVENTS

- **Active Parenting NOW**– Six Monday sessions, February 24th-April 6th; 5:30-8:00pm @ Community Partnership in Divide. Discussion series for parents with children 5-12 years of age. Meal and childcare provided. Contact Amy Stewart to RSVP: AmyS@cpteller.org or 686-0705.

- **Crossroads of Parenting & Divorce**– Tuesday, March 3rd; 4:30-8:30pm @ Community Partnership in Divide. Teller County court approved divorce class. Registration fee required. Contact Amy Stewart to RSVP: AmyS@cpteller.org or 686-0705.

- **GED Registration**– Wednesday, March 4th; 10:00am-1:30pm @ Community Partnership in Divide. Childcare provided with advanced notice. Contact Katy to RSVP: Katy@cpteller.org or 686-0705.

- **FREE Scout Day**– Saturday, March 7th; 10:00am-6:00pm @ Dinosaur Resource Center. All Scouts and leaders IN UNIFORM receive free admission. For a complete list of activities, visit: www.rmdrc.com/whats-happening/

- **Woodland Park Saint Patrick’s Day Parade**– Saturday, March 14th; Noon. Parade will start at Memorial Park and end at the bus loop at E Midland and Baldwin. For more information visit: www.mountaineire.org/wp-st-patricks-day-parade.html

- **St. Patricks’ Day Celebration and Shortest St. Patrick’s Day Parade on the Planet**– Sunday, March 15th; 10:30am at CP. We will meet at CP to make headbands and celebrate, then head over to Paradox Beer Company to walk in the parade. Parade begins at Paradox Beer Company and ends at McGinty’s Wood Oven Pub. Contact Jessica for more information: Jessica@cpteller.org or 686-0705.

- **Weed ID: The Good, The Bad, and The Ugly**– Sunday, March 15th; 1:30-3:30pm @ Teller County CSU Extension Conference Room in Woodland Park. Rampart Area Seed Library Partnership (RASP). Contact Teller-Park Conservation District for more information: tellerparkcd@gmail.com or 472-3671.

- **Screenagers: Next Chapter, Cripple Creek**– Monday, March 16th 5:30-7:30pm @ Cripple Creek-Victor High. FREE dinner and childcare provided. Contact Cory for more information: Cory@cpteller.org or 686-0705.

- **Raising Gen Z**– Tuesday, March 17th; 7:45-9:45am @ Woodland Park Middle School and Wednesday, March 18th @ Woodland Park High School. Are you interested in learning more about parenting Generation Z? Join us for a free monthly educational series and supportive environment. You will have opportunities to share about your student, learn about methods to manage youth risk, and ways to engage your youth in a positive and trusting relationship. Contact for more information: LMagnuson@wpsdk12.org (Middle School) and NCherry@wpsdk12.org (High School).

- **Screenagers: Next Chapter, Woodland Park**– Wednesday, March 18th; 5:30-8:30pm @ Ute Pass Cultural Center in Woodland Park. FREE dinner and childcare provided. Contact Cory for more information: Cory@cpteller.org or 686-0705. To RSVP visit: https://www.eventcombo.com/e/screenagers-next-chapter-presented-by-woodland-park-school-d-37917

- **Kidsmake: Magnet Track**– Saturday, March 21st; 1:00-2:00pm @ Ute Pass Library in Cascade. Kids will design and make their very own magnetic race track using paper plates and popsicle sticks. Contact Karin for more information: utepasslibrary@ppld.org or 531-6333x7011.

- **Parent Advisory Committee**– Thursday, March 26th; 5:00-7:00pm @ Community Partnership in Divide. Caregivers of children of all ages are welcomed to have a voice about CP programming and community needs. Meal and childcare provided. Contact Amy Stewart to RSVP: AmyS@cpteller.org or 686-0705.

**All events and programs are FREE and for all ages, unless otherwise noted**
Patterns in Speech Development

The development of speech sounds happens gradually. It started when your child was a baby and will continue until they are 7 or 8. They are learning to speak many sounds clearly. Speech (or articulation) refers to the act of producing spoken sounds. There are certain patterns or rules that are common in the development of speech. Most of these reflect children’s strategies to simplify adult words. For example, children learn to say beginning sounds in words first. They may also repeat the first syllable or consonant sound so that cookie becomes “gege.” Many young children leave off the last sound in a word, such as using “ha” for “hat.” They may also leave out the middle sound such as “elephant” for “e-phant.” S sounds can be challenging early on, so some children will replace the S, saying “tay” instead of “say.” And clusters of consonants (“cl”) get reduced to a single consonant: “clown” becomes “cown.” Over time, children master these rules, although some rules take longer to master than others.

Usually sounds that are most frequently used in a language are mastered first, but this varies by language. For example, the letter V is not as common in English compared to Swedish. So English-speaking children don’t speak it clearly until much later than Swedish-speaking children. Time and experience help children master all the sounds in their language.

<table>
<thead>
<tr>
<th>Age</th>
<th>May be spoken clearly</th>
<th>Still learning</th>
</tr>
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<tbody>
<tr>
<td>3 years</td>
<td>p, m, h, n, w, b, k, g (as in “goat”) and d</td>
<td>t, ng (as in “sing”), f, y (as in “yes”), r, l and s</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Many of these won’t be spoken clearly until between the ages of 4 and 8.</td>
</tr>
<tr>
<td>4 years</td>
<td>p, m, h, n, w, b, k, g (as in “goat”), d, t, ng (as in “sing”), f and y (as in “yes”)</td>
<td>r, l, s, ch, sh, z, j and v</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Many of these won’t be spoken clearly until between the ages of 6 and 8.</td>
</tr>
<tr>
<td>5 years</td>
<td>p, m, h, n, w, b, k, g (as in “goat”), d, t, ng (as in “sing”), f, y (as in “yes”), r, l, s, ch, sh, z, j and v</td>
<td>Two sounds of th (as in “think” and as in “there”).</td>
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<tr>
<td></td>
<td></td>
<td>These sounds may not be spoken clearly until between the ages of 7 and 8.</td>
</tr>
<tr>
<td>8 years or older</td>
<td>s sound (in “measure” and “visual”)</td>
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</tbody>
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Social Connections

Human beings are inherently social creatures. As far back as we can trace, humans have traveled, hunted, and thrived in social groups, and for good reason. Humans who were separated from their tribe often suffered severe consequences, such as lack of safety and limited resources. Social groups provide us with an important part of our identity, and they teach us skills that help us to live productively. Feeling socially connected, especially in a rural community, is more important than ever. The benefits of social connectedness shouldn’t be overlooked.

Playgroup

CP’s Playgroup provides fun, structured activities using age appropriate curriculum designed to foster school readiness in children ages birth to 5 years old. During the summer months, school age siblings can participate as well.

Playgroup provides a safe environment for children to play, where they learn to interact with others their age, learn how to transition between activities, and learn how to take turns. Parents are provided an opportunity to socialize, gain a valuable peer support group, increase knowledge of child development, and receive information on local resources.

For more information on upcoming workshops or events contact Jessica@cpteller.org or call 719-686-0705
ANYTIME ANYWHERE

Would You Rather?
Ask your child questions like, “Would you rather be a bird or a fish? Why?” Have them give you a few reasons from real-life experience like, “I love the water so I want to be a fish!” Then you take a turn answering their questions!

BRAINY BACKGROUND
Asking your child questions helps develop their reasoning skills—especially when you ask questions that go beyond simple “yes” or “no” answers.

www.vroom.org

GO FITNESS: LIMBER LIMBS

BENDING AND STRETCHING
Ask your child to touch their head, belly, and toes.
Begin calling out the body parts at a quick to moderate tempo and then gradually move to a slow tempo.
At first call out the body parts in the same order, then begin to mix them up.

Now Try This:
Substitute a sound for the word “head”. For example when the children hear a hand clap or a foot stomp, they touch their head. Eventually substitute different sounds for each body part.

https://catchinfo.org/about

Book Nook: Making a List and Creating a Reading Area

What do we have?
- A quiet corner
- Pillow and blanket (optional)
- Construction paper
- Markers
- Large Container or Basket
- Your child’s favorite books

How do we do it?
1. Ask your child to help you choose a quiet place to read. Make a list together of things that could make it cozy, like a pillow or a blanket.
2. Help your child gather the items. Check them off the list after they get each one.
3. Work with your child to arrange the space. Make sure they have a comfortable place to sit—let them try it out. “Would anything else make this a better space for you to read?”
4. Help your child create a special sign to label their “book nook” with whatever name they like.
5. Let your child choose their favorite books and put them in the container. Talk about their choices. “That looks interesting, why did you choose that one?”

What’s in it for us?

Language Development
- Creating a book nook shows children that reading is special enough to have its own space and time.
- Making a list and sign for the book nook helps children associate writing with a specific purpose. Labeling the area helps them feel ownership of their space.
- Children are more likely to read independently when they’re in a comfortable space and when they feel reading is a valued activity in their family.

Connecting across development:
Social-emotional—When children have a special area for themselves, they know members of their family value them. The space is a visual reminder that their interests are important.
Cognitive—Arranging the book nook allows children to experiment with shape and space. They learn how things fit together when they add items to the area.
Motor—Writing lists and making a sign exercises the small muscles in children’s hands, fingers and wrists.
# Divide Playgroup Calendar
## March 2020

**Contact Information:** Jessica 719-686-0705 or Jessica@cpteller.org

<table>
<thead>
<tr>
<th>Monday – Divide</th>
<th>Wednesday – Divide</th>
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| **Shortest St. Patrick’s Day Parade on the Planet**  
Sunday March 15th  
10:30AM—Until Parade Ends  
We will meet in our Playroom and create St. Patrick’s Day Headbands and have festive snacks. From there, we will head over to Paradox for the start of the Parade. Children and caregivers are invited to walk in the parade from Paradox to McGinty’s Wood Oven Pub. **Parade starts at noon.** | **2. Jasmin**  
**Aluminum Foil Painting**  
9:30-11am  
Let’s paint together! We will start with primary colors and an aluminum foil wand. What new colors can we make? We will build our language skills as we talk about our creations. |
| **4. Kate**  
**The Very Hungry Caterpillar**  
9:30-11am  
Children will create their own hungry caterpillar out of egg cartons and bring home their own hungry caterpillar book. Reading with your child helps to build vocabulary and boosts future reading skills. | **9. Jasmin**  
**Yarn Letters**  
9:30-11am  
Parents will write a letter and children will glue yarn, craft sticks, or place stickers on their letters. |
| **11. Kate**  
**Fishing for Letters**  
9:30-11am  
We will explore letters, water, and magnets all at the same time! Children will use magnets to fish for letters. | **16. Jasmin**  
**Fruit Loop Marshmallow Rainbows**  
9:30-11am  
Tomorrow is St. Patrick’s Day! We will learn about the different colors in the rainbow while creating an edible masterpiece. |
| **18. Sara**  
**Simon Says**  
9:30-11am  
Simon says is a simple game where participants must move or do whatever Simon says. This activity builds on receptive language skills of children as they listen and then try to follow the directions. | **30. Sara**  
**Storytime Yoga with Mrs. Sara**  
9:30-11:00AM  
Travel on an imaginary journey using music, story and kid-friendly breathing techniques and yoga poses! |

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**Teller County Playgroup** is **FREE** to any Parent or Caregiver with children ages 5 & under.

**Location:** Mondays and Wednesdays @ Community Partnership in Divide unless otherwise stated.

**Cancellation Policy:** Divide Playgroup follows the WPSD calendar and weather cancellation policy. During summer months, check Facebook for cancellations or email Jessica@cpteller.org 719-686-0705.

**Facebook:** www.facebook.com/playgroupndivide  
**Website:** www.cpteller.org